

Cooke



MORUBEL

WHITELEG SHRIMP



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WHITELEG SHRIMP

Specie: *Litopenaeus vannamei*

Raised in tropical marine habitats vannamei prawns are a popular ingredient in all kind of cuisines: from BBQ over wok, to salads or tapas. Our offer includes ASC certified vannamei from Asia together with organic certified (EU and Naturland) from our own farms in Nicaragua and Honduras.



Available as

Raw, Blanched & Cooked

Sizes:

Peeled: 91-110 up to 26-30 pcs/lb

Headless Shell-on: 41-50 up to 16-20 pcs/lb

Head-on/Shell-on: 80-120 up to 31-40 pcs/kg

Allergens: crustaceans



Average nutritional values per 100g (raw)	
Energie	261 kJ/ 62 kcal
Fat	0,7 g
- of which saturated	0,2 g
Carbohydrates	0 g
- of which sugars	0 g
Protein	13 g
Salt	1 g

Preparation:

If thawed, use within 24 hours and do not refreeze. Only consume when fully cooked. Keep raw prawns away from any other food. Carefully dispose of any juices. Wash dishes and hands thoroughly. Do not consume raw.

Available packaging:

250g-400g box (Peeled+Headless Shell-on)

400g-1Kg box (Head-on/Shell-on)

250g-1Kg pillow bag (Peeled+Headless Shell-on)

5kg-10Kg bulk (Peeled+Headless Shell-on)